

# Eye Want 2 Know<sup>®</sup>...

## How to talk to my healthcare professional (HCP) about inherited retinal diseases (IRDs) and genetic testing

If you'd like to learn more about IRDs and whether genetic testing is right for you or a family member, use these questions as a guide to get the conversation started.

- How do I know if my diagnosis is an IRD? If it is, does that make me a good candidate for genetic testing?
- How can a genetic test help me manage issues with my vision?
- What does the process of genetic testing entail?
- What am I going to learn from my genetic test?
- I heard there are free genetic testing options for people with IRDs. How can I access one of those?

### Tips for discussing genetic testing with your HCP

- Advances in genetic testing are fairly new and complex, so getting smart is important. When talking to your HCP about genetic testing, it might be helpful to take notes or have someone with you to remember specific information.
- Do not hesitate to ask your HCP to clarify information you don't understand about IRDs, the genetic nature of IRDs, or the genetic testing process.
- Some HCPs may not be familiar with genetic testing for IRDs. Directing them to [www.EyeWant2Know.com](http://www.EyeWant2Know.com) for context about your desire to pursue genetic testing may be helpful. Or visit [www.EyeWant2Know.com](http://www.EyeWant2Know.com) to find a provider with genetic testing experience.

What other questions do you have? Write them here or use this space to take notes.